

Teach your child their VOICE matters.



Your child's voice is their instrument. Take the time to teach them how to speak clearly and encourage others by their actions. Teach them to use their voice skillfully to help others.

Teach your child to:

Be confident whether they speak loudly or softly.

Speak out loud to share their truth with others.

Use their speaking skills and words to help someone else. Let them know to choose to use their voice in a way that benefits others, not tear them down.

Stand by their beliefs and speak from their core. Teach them to use their core values to guide their actions.

Teach them to also listen to their inner voice too!

They should be aware and listen to:
Their inner voice as guidance, and listen carefully to hear it.

Who they are becoming and what they believe.

For children who have a hard time vocalizing, they should practice doing all of the above in writing with a trusted adult. With practice, hopefully these skills can transfer.

